

LAMORINDA

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26,000 copies delivered bi-weekly to Lamorinda homes & businesses

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Lafayette Chamber of Commerce
Presents
12th ANNUAL Taste of Lafayette
Tuesday, May 20, 2014 5:30pm to 9:00pm
Plaza Park in Downtown Lafayette
A benefit for the Lafayette Community Foundation and the Lafayette Chamber of Commerce.
Download your registration form or purchase tickets online at www.lafayettechamber.org



From here, to fraternity: three sets of Lamorinda twins. Standing, from left: Kyle and Jarett Visher; seated: Jake and Nick Morosini, Cailey and Shannon McVay. Photo Ohlen Alexander

Seeing Double: Nothing Says Togetherness Like Twins

By Cathy Dausman

Congratulations, new mother – it’s a boy... and *another* boy! Or a daughter ... and a second daughter ... or *one of each!* Twin births can rock a new parent’s world – and they’re nothing new in Lamorinda.

Nancy Brown said she was surrounded by twins in middle school. “Joaquin Moraga Intermediate School had 13 sets of twins” in the mid 1970s, she said. “I was friends with several sets and I remember some of the identical twins switching classes with each other once in a while. It always caught the teachers off guard and gave us a chuckle!”

Robin Bradley, whose 17-year-old fraternal twin sons Cole and Ryan Sitar attend Miramonte High School, remembers Orinda Intermediate School published a “twin yearbook” about the time they attended. Twins run in Bradley’s family, and she said having twins is “a great social experience,” but it makes child rearing much harder until they’re 2, noting her boys were “very active sleepers” for the first six months.

Bradley advises reaching out early for extra help. She joined the Mothers of Twins (now Mothers of Multiples) and enlisted extra help from relatives, setting up a schedule so that she was fully covered the first three weeks of Cole and Ryan’s lives. The good and bad thing about having twins, Bradley said, is that twins both learn and do things at the same time. It’s a “go for broke” attitude of parenting, she said.

Before ultrasounds became routine, Kathy Ferber of Moraga just thought she carried a very large baby. “The doctor could only hear one heartbeat,” she said. But Ferber found out five days before they were born when a savvy nurse practitioner felt two heads, and sent the mother off for X-rays.

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Quote of the Week:

“Teaching is food for the soul and the intellect.” Read The Complete Package - page B2.

Advertising

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How do Lamorinda Cities Deal with Water Cutbacks?

By Cathy Tyson

While household customers in the East Bay Municipal Utility District’s service area have been asked to voluntarily reduce their water usage by 10 percent, that request applies to municipalities as well. Staffers in Lafayette, Moraga and Orinda are well aware of the situation and are already doing their respective parts to wisely manage this precious resource.

Dismal precipitation this past winter and the continued drought that California is facing has spurred EBMUD’s board of directors to purchase approximately 16,000 acre feet of water from the Sacramento River to be deposited into East Bay reservoirs; in addition, they reiterated their earlier request for all customers to cut water use by 10 percent.

The Sacramento River water travels about 130 miles to San Pablo Creek where it will flow to the San Pablo Reservoir, or to Moraga Creek where it will flow to the Upper San Leandro Reservoir. The 16,000 acre-feet of water translate to about 5.2 billion gallons or enough to fill the Oakland Coliseum 24 times. While this water improves reliability to EBMUD’s 1.3 million customers in Alameda and Contra Costa counties, oddly none of it will flow to Lamorinda customers; instead going to a dozen other cities including Crockett, Rodeo, Hercules, Pinole and beyond.

At a media event to highlight the increased water supply, EBMUD general manager Alexander Coate thanked customers for their continued water vigilance. How are Lamorinda’s three municipalities handling the request?

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Water traveling 130 miles from the Sacramento River flows through these pipes into the San Pablo Creek at the EBMUD facility off of Manzanita Drive in Orinda. Photo Ohlen Alexander

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Life in Lamorinda B1-B12

Bringing Out the Book

Local writing groups offer help and good company - page B1.



Sports C1-C3

SMC Softball Steps it Up

Gaels look to make a run at the WCC title - page C2.



Our Homes D1-D20

Juniors Kitchen Tour

Enjoy a sneak peek at two of the spectacular kitchens on the May 17 tour - page D1.

